

Lejeune-New River Child Youth Programs SAC (TTYP/SSYP) Menu

Substitutes available to children with food allergies or intolerances on CYP website. See "Allergy Substitutions."

Chilled Water is available throughout the day.

BRAVO WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	DATE: June 3, 2019	DATE: June 4, 2019	DATE: June 5, 2019	DATE: June 6, 2019	DATE: June 7, 2019
BREAKFAST					
Fruit	Fruit Cocktail	Pineapple Tidbits	Bananas	Diced Peaches	Diced Mangoes
Meat or Meat Alternative (Optional)			Scrambled Eggs		
Grain	Rice Krispy Cereal	Whole Wheat Biscuit		Cheesy Grits	Cheerios Cereal
Milk*, fluid	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Condiments		Jelly	Ketchup		
LUNCH					
Fruit					
Vegetable					
Meat or Meat Alternative					
Grain					
Milk*, fluid					
Condiments					
SNACK					
Fruit		Diced Peaches			Fresh Pears
Vegetable			Ants on a Log (Celery Sticks w/ Sunbutter & Raisins)	Cucumber Slices	
Meat or Meat Alternative		Cottage Cheese			
Grain	Whole Wheat Breadstick		Whole Grain Oyster Crackers	Whole Wheat Pita Bread Wedges	Whole Grain Cheddar Goldfish Crackers
Milk*, fluid	1% Milk				
Condiments	Marinara Sauce			Hummus	

Menu subject to change.

*Milk: 6 yrs old and older : unflavored 1% low-fat milk; Kikkoman Organic Soy; Fat Free Lactaid

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CHARLIE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	DATE: June 10, 2019	DATE: June 11, 2019	DATE: June 12, 2019	DATE: June 13, 2019	DATE: June 14, 2019
BREAKFAST					
Fruit	Mandarin Oranges	Pineapple Tidbits	Bananas	Orange Slices	Blueberries
Meat or Meat Alternative (Optional)		Cheesy Egg Omelet			
Grain	Cornflakes Cereal		Kix Cereal	Cream of Wheat w/ Brown Sugar	Whole Wheat Pancakes
Milk*, fluid	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Condiments					Syrup
LUNCH					
Fruit					Fruit Cocktail
Vegetable					Chickpeas Tossed in Ranch Dressing
Meat or Meat Alternative					Ground Turkey in Sloppy Joe Sauce
Grain					Whole Wheat Bun
Milk*, fluid					1% Milk
Condiments					
SNACK					
Fruit			Strawberries		
Vegetable		Cucumber Slices			Carrot Sticks
Meat or Meat Alternative			Vanilla Yogurt	Sliced Cheese (wrapped in tortilla)	String Cheese
Grain	Whole Grain Strawberry Yogurt Chex Mix	Whole Grain Oyster Crackers		Whole Wheat Tortilla	
Milk*, fluid	1% Milk			1% Milk	
Condiments		Ranch Dressing			Ranch Dressing

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ALPHA WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	DATE: June 17, 2019	DATE: June 18, 2019	DATE: June 19, 2019	DATE: June 20, 2019	DATE: June 21, 2019
BREAKFAST					
Fruit	Fruit Cocktail	Orange Slices	Bananas	Tropical Fruit	Blueberries
Meat or Meat Alternative (Optional)					
Grain	Mini Bagel	Life Cereal	Oatmeal w/ Brown Sugar and Raisins	Rice Chex Cereal	Whole Grain French Toast Sticks
Milk*, fluid	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Condiments	Cream Cheese				Syrup
LUNCH					
Fruit	Applesauce	Diced Peaches	Mandarin Oranges	Diced Pears	Pineapple Tidbits
Vegetable	Green Beans	Spinach	Potato Medley	Diced Carrots	Lima Beans
Meat or Meat Alternative	Sliced Ham & Cheese	Meatballs in BBQ Sauce	Scrambled Eggs & Turkey Sausage	Ground Turkey Meat Sauce	Teriyaki Diced Chicken
Grain	Whole Wheat Flour Tortilla	Wheat Roll	Whole Wheat Biscuit	Whole Grain Spaghetti Noodles	Fried Jasmine Rice
Milk*, fluid	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Condiments	Mustard, Mayo	Butter	Ketchup, Jelly		
SNACK					
Fruit			Strawberries	Apple Slices	
Vegetable		Cucumber Slices			
Meat or Meat Alternative			Vanilla Yogurt		
Grain	Whole Wheat Soft Mini Pretzel	Whole Grain Cheddar Goldfish Crackers		Whole Corn Tortilla Chips	Whole Wheat Pita Bread Wedges
Milk*, fluid	1% Milk				1% Milk
Condiments	Honey Mustard	Ranch Dressing		Salsa	Jelly

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BRAVO WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider.	DATE: June 24, 2019	DATE: June 25, 2019	DATE: June 26, 2019	DATE: June 27, 2019	DATE: June 28, 2019
BREAKFAST					
Fruit	Fruit Cocktail	Pineapple Tidbits	Bananas	Diced Peaches	Diced Mangoes
Meat or Meat Alternative (Optional)			Scrambled Eggs		
Grain	Rice Krispy Cereal	Whole Wheat Biscuit		Cheesy Grits	Cheerios Cereal
Milk*, fluid	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Condiments		Jelly	Ketchup		
LUNCH					
Fruit	Diced Pears	Sliced Oranges	Strawberries	Tropical Fruit	Apple Slices
Vegetable	Carrot Sticks	Green Peas	Shredded Lettuce & Diced Tomatoes	Sweet Potatoes	Green Beans
Meat or Meat Alternative	Sunbutter & Jelly String Cheese	Diced Ham	Taco Seasoned Ground Beef, Shredded Cheese	Diced Chicken in BBQ Sauce	Ground Turkey Chili
Grain	Whole Wheat Bread	Whole Grain Macaroni Noodles with Cheese	Whole Wheat Flour Tortilla	Whole Wheat Bun	Cornbread
Milk*, fluid	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Condiments	Ranch Dressing		Ranch Dressing		
SNACK					
Fruit		Diced Peaches			Fresh Pears
Vegetable			Ants on a Log (Celery Sticks w/ Sunbutter & Raisins)	Cucumber Slices	
Meat or Meat Alternative		Cottage Cheese			
Grain	Whole Wheat Breadstick		Whole Grain Oyster Crackers	Whole Wheat Pita Bread Wedges	Whole Grain Cheddar Goldfish Crackers
Milk*, fluid	1% Milk				
Condiments	Marinara Sauce			Hummus	

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