



## Respite Care Slide Notes

1. Hello and welcome to the Exceptional Family Member Program (EFMP) Respite Care Overview.
2. The EFMP introduced its Respite Care program in 2008 because of high operational tempo. The program's primary objective is to offer temporary rest periods for family members who care for those with special needs.
3. Your family is eligible for 20 hours of Respite Care per month if your EFM or EFMs are identified as a "Level of Need 3" or "Level of Need 4." Please take a few moments to review the definitions for both Level 3 and 4.
4. Using an evidence based determination process, medical screeners at HQMC determine each EFM's Level of Need.



Level of Need may change to reflect current functional levels and status of EFMs after an update.

5. Families can work independently or with their family case worker to identify providers that meet the family's needs.

After the family has made their selection they will need to authenticate the provider's credentials with the local EFMP office. Please take a moment to review the credentials needed for each level of need.

6. Next, let's review examples when the Respite Care

Program may be utilized: Date night with your spouse or friends, lunch with family or friends, massage, manicure,

pedicure, taking a nap or hitting the gym. Can you think of any other examples? I'll give you a few moments to reflect on when EFMP Respite might be beneficial in your life.



You probably described opportunities such as: grocery shopping, running errands, catching up on your DVR, NETFLIX. Now review the list describing when the Respite Care Program may not be used.

7. Prior to being reimbursed for Respite Care there are several requirements needing to be met. Please take a moment to review.
8. Here is our current reimbursement rate of care chart. For level 3 with one EFM your rate may not exceed three times the hourly base child development center rate. Here at CL-NR that rate is currently at \$4 per hour. Which means at 3 times \$4 = \$12 per hour your monthly reimbursement will not exceed \$240. For level 3 with 2 or more EFM's your rate may not exceed 5 times the hourly



base child development center rate. Which means at 5 times \$4 = \$20 per hour your monthly reimbursement will not exceed \$400. For level 4 the chart describes specifically the rate of reimbursement.

9. This is what your reimbursement log looks like. You will complete one log per provider per month. You can submit the completed log after care has been provided for the month. A Power of Attorney is necessary if the sponsor is unavailable.
10. The log must be filled out entirely prior to submitting for reimbursement. For blocks 5&6 your FCW will supply your case ID number and your level of need. Please use military time when recording the hours of care provided.



The sponsor must sign the form. Again, a POA will allow someone besides the sponsor to sign.

11. All respite forms are available through your FCW or online at [www.mccslejeune-newriver.com/efmp](http://www.mccslejeune-newriver.com/efmp)
12. Thank you for your time. If you have any questions please contact your FCW or your local EFMP Office.