This event provides interactive demonstrations to enhance coping skills and build resilience. Mental and emotional fitness is just as important as physical fitness for our Marine Corps mission readiness. Command presence is requested.

Open to all authorized patrons

September is Suicide Prevention Month
Info: 910.451.2864
mccslejeune-newriver.com/warrior

Sponsored by

Brynn Marr Hospital
MCCS Sponsor. No Federal or DoD Endorsement Implied.