

“You are part of the world’s most feared and trusted force. Engage your brain before you engage your weapon. Share your courage with each other as we enter the uncertain terrain north of the Line of Departure. Keep faith in your comrades on the left and right and Marine Air overhead. Fight with a happy heart and a strong spirit.”

– Gen. James Mattis

BUILDING BEARING

HANDS ON • ENGAGING • DYNAMIC • EMPOWERING

The Building Bearing course enhances the Marine’s ability to stay mission focused through hands on skill building. Strong bearing increases the ability to adhere to the values of the Marine Corps as well as personal values in the face of discomfort and adversity.

Course Features:

- 90-Minute Brief or 3.5 hour class available
- Clinical instructors will present at your location for increased efficiency
- No PowerPoints!

**Community Counseling Center
Lejeune-New River**

**Schedule a course today! (910) 451-2864
mccslejeune-newriver.com/counseling**

**MARINE &
Family**

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