Prevention and Education

Camp Lejeune and New River: 910-451-6060

Representatives from our Behavioral Health Programs provide a wide variety of trainings and briefs that contribute valuable information to keep your units ready and resilient. The presenters are available to come to your unit or command to make participation and learning more convenient, accessible, and less disruptive to the unit. We can fine-tune each presentation to meet your specific needs.

- Coping with Stress
- Communication
- Positive Parenting
- Domestic Violence and Child Abuse Prevention briefs
- Anger Management
- Building Healthy Relationships
- Marriage Enrichment

Family Advocacy Services

Camp Lejeune: 910-449-9563
New River: 910-449-6110

24/7 Domestic Violence Helpline (Camp Lejeune): 910-376-5675
24/7 Domestic Violence Helpline (New River): 910-376-2155

The focus of the Family Advocacy Program is FAMILY. The Family Advocacy Program (FAP) provides prevention, intervention, and treatment services for issues many families experience in an environment that is family-friendly. We have Prevention classes that focus on rebuilding relationships, improving parenting skills, and more easily coping with feelings of anger and stress.

The Family Advocacy Program offers:
- Crisis Intervention and Prevention
- Individual/Marital/Family/Group Counseling
- Case Management
- Victim Advocacy Services
- Specialized counseling services for children (Play Therapy, TF-CBT for Children, Problematic Sexual Behaviors in Children and Youth (PSB-CY) services, etc.)
Our Mission is You!

Individuals, Couples, Kids, and Families – We Do It All!

Things happen in life, and we can all use some help from time to time. The Behavioral Health program is available to help individuals, couples, and families with issues ranging from needing parenting tips to dealing with the aftermath of sexual assault.

Community counseling, substance abuse treatment services, prevention programs, groups, and classes are provided at no cost to you and your family. All services are provided by highly qualified, licensed providers to help you when things get tough.

So, if you or a family member struggles with adjusting to a new location, your adolescents are having a hard time negotiating the social scene, or daily life seems harder than it should be, give us a call. We can usually make an appointment within the week, and counselors are always available if your needs are more urgent.

Community Counseling Services

Camp Lejeune: 910-451-2864
New River: 910-449-6110

Community Counseling Center offers free, on-base counseling to service members and their families.

Individual Counseling – Couples Counseling – Child and Teen Counseling – Care Management – Family Counseling

Our counselors will collaborate with you to listen to your concerns and assess your needs. Together, you will develop goals for your counseling sessions. Our team members are subject-matter experts in the following areas and can offer counseling designed to meet your specific needs.

- Parent-Child Relationships
- Occupational Problems
- Stress and Adjustment Issues
- Enhance Coping Skills
- Partner and Sibling Issues
- Anger and Anxiety Issues
- Grief and Loss

Benefits of Counseling

- Increased Self-Confidence
- Improved Well-Being
- Better Family Communication
- Increased Mission Readiness

Counselor Qualifications

All counselors are experienced working with service members and military families. They are licensed and credentialed to practice mental health counseling within the USMC.

Sexual Assault Prevention & Response Services

Camp Lejeune: 910-451-5973
MCAS New River: 910-449-5243

Camp Lejeune-New River 24/7 Sexual Assault Support Line: 910-750-5852

Support, Information, and Referrals for Victims of Sexual Assault
- Prevention through Education and Training
- Advocacy Services

New Parent Support Services

Tel: 910-449-9501

- Home Visits/Office Visits
- Baby Boot Camp Classes
- Infant Massage Classes
- Parent Resources

When the new baby joins the family, many changes occur. We can help you make that transition easier with licensed counselors and nurses who can see you in your home or in their office. Each Home Visitor is trained in Infant Massage and other educational curriculum that can strengthen your parenting role. In addition they offer support for you during deployment when family lives far away and through other challenges. This program is free and voluntary. It is provided during pregnancy and from new born through 5 years old.

Substance Abuse Counseling Services

Camp Lejeune: 910-451-2865
New River: 910-449-5249

- PRIME for Life: Alcohol and Substance Abuse Prevention and Early Intervention
- Drug Demand Reduction Program
- Prevention & Education Services
- Assessment and Counseling for Substance Abuse

mccslejeune-newriver.com