

WHERE MUSIC MEETS RESILIENCY!

PICKIN' & *Prevention*

LEARN ABOUT LOW-RISK DRINKING CHOICES
AND POSITIVE COPING SKILLS.

DISCOVER

the benefits of utilizing music skills
to build a healthy lifestyle!

Bring your own guitar or use
one of ours.

RESILIENCY

comes in many forms, let
music speak for you.

3RD THURSDAYS
11:30 AM-1 PM

FRENCH CREEK SMP
RECREATION CENTER

BLDG FC 330,
GONZALEZ BLVD.