

Caregiver Peer Forum

A support group for spouses of wounded,
ill or injured service members.

WANTED: CAREGIVERS OF RECOVERING SERVICE MEMBERS SEEKING STRENGTH IN OTHERS!

You are not alone!

Share your expertise and network with others experiencing the same challenges and learn about resources that are available locally and nationally.

Thank you for your service!

We are honored to offer this forum to help military caregivers connect with military caregivers! Through confidential, non-medical counseling and support, sharing your story with each other provides hope. We invite you to get involved in the content of these forums with an ongoing opportunity to provide direct input about what matters to you as a caregiver on topics such as stress, life balance, challenges of caregiving, and resource availability.
Support for you, support for each other.

New Schedule

**3rd Tuesday of the month
4:30 p.m. to 6 p.m.**

**Wounded Warrior Battalion
- Hope and Care Center
Conference Room**

Facilitated by

MFLC
Military & Family Life Counselor Program

For more information, call **910-650-4174**