

# UNIT PT

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# TRI-CHALLENGE

**Apr-Oct**  
**Start time:**  
**7 AM or 9 AM**  
**Mon-Fri**  
**\$5/per person**

Select up to three (3) activities and Outdoor Adventures will create a 1.5 hour custom PT adventure guaranteed to get you moving!

All needed equipment is supplied. There is a 10 person minimum and 10 person maximum for each PT adventure. Reservations must be made at least a week in advance. \$50.00 down payment is required to hold reservation



Rock Wall



Kayaking



Mountain Biking



Archery



Running



Stand Up Paddleboarding

For more information or to register, visit the Outdoor Adventures Office located at Bldg 728, Camp Lejeune, call 451-1440 or email [lejoutdooradv@usmc-mccs.org](mailto:lejoutdooradv@usmc-mccs.org).  
**Open to Active Duty unit groups only.**

**910-451-1440**

**[mccslejeune-newriver.com/outdoor](http://mccslejeune-newriver.com/outdoor)**

MCCS encourages and supports the participation of individuals of all abilities in its programs and facilities.